

ADEC/UIAAA MONTHLY UPDATE



WHAT YOU NEED TO KNOW

- **New Membership Officer Opening**

An email was sent out for the new Membership officer position. Any questions, let us know.

- **Girls Lacrosse Recording**

Did you miss the meeting? Important deadlines approaching. Watch the recording [here](#).
Passcode: smVc=%2jPw:

- **CAA Test Date Coming Nov. 17th**

Are you ready to TEST for your CAA? Reach out to [Andee Bowhuis](#).

- **LTI Coursed Offered**

Check the ADEC meeting notes for our upcoming Classes and this link for the NIAAA Webinars Available.

- **ADEC Mtg [Notes](#)**



CURRENT ISSUE TOPIC- WEATHER!

This past week quite a few games were delayed due to the weather across Utah.

Today in ADEC we discussed what should happen for the safety of our teams and fans. **KNOW YOUR DISTRICT Guidelines.** If you don't have a EAP (emergency action plan) work with your team and create one.

The next page is dedicated to help you ensure you are ready!



District Policy

- What is it? Do you know your policy?
 - Each school district has a weather-related safety policy that outlines how to respond to severe weather (lightning, high winds, extreme temperatures, etc.) during school-sponsored events and athletic activities.
- Become Familiar:
 - Ensure all staff, coaches, and volunteers are trained or briefed on the district's specific weather policies at the start of each season.

ADs (Athletic Directors)/Administration

- Must enforce weather policies, communicate delays/cancellations, and work with officials and safety personnel.
- Ensure coaches and event staff are trained in emergency protocol.
- Responsible for creating a weather response chain of command.

Mentoring & Weather Awareness Tools

- Mentoring Program:
 - Are new staff or coaches being mentored on how to follow weather and emergency protocols? Attend the mentoring classes:
 - First mentoring mtg Oct 13 at 5:30 pm on Zoom.
 - <https://www.bhsredhawks.com/page/a1262ea2-3853-4db3-b131-1be259d5ba37>

Apps for Weather Monitoring:

- Lightning App (e.g., WeatherBug Spark or Thor Guard): Detects lightning within a radius and notifies users.
- WeatherBug: App commonly used for monitoring weather in real-time.
- Make sure staff know how to download and use these apps.

Emergency Protocol – Where to Clear

- Know your shelter areas:
 - Gym, locker rooms, school building, etc. Avoid metal structures, open fields, and bleachers.
- Sample Emergency Protocol Chart (EPC):
- Should include:
 - Chain of command
 - Roles of personnel
 - Evacuation areas
 - Reentry conditions
 - Contact info

Creating a Contact List-Use Radios not phones

- Emergency contacts should include:
 - ADs
 - Coaches
 - Trainers
 - Local EMS
 - Weather monitoring service (if applicable)
- Share as a printout and digital document.

Announcements

- A Designated Official should make announcements BEFORE storms approach.
- Post or communicate announcements over:
 - PA systems
 - Scoreboards
 - Signs around venue/Post your weather protocol in officials locker rooms, team locker rooms and pressboxes.

Issues with Public Not Clearing the Area

- Be proactive:
 - Use PA system to clearly explain safety concerns.
 - Have security or staff assist with clearing.
 - Reference district and NFHS guidelines if needed.
 - Document incidents for review.

NFHS Handbook Guidelines

- Lightning = 10-Mile Radius Rule
 - If lightning is within 10 miles, suspend activities immediately.
 - Wait 30 minutes after last strike before resuming.
 - Follow NFHS & state athletic association guidelines.